Welcome to

Biomedical Sciences
GRADUATE PROGRAM

2020 - 2021
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Welcome Incoming Students!

We have put together this packet of information to help you get settled at UCSD.

During this shift, due to COVID-19 and as we plan for your arrival (both virtually and physically) to San Diego, we hope to help by doing everything we can to make your welcome experience informative and fun!

While we have tried to anticipate all of your questions, you likely still have more, so please do not hesitate to ask us anything (our contact information is on the next page). If we don’t know the answer, we will help you find somebody who does!

You made a great decision by picking UCSD and the BMS program, and we can’t wait to see you on Zoom (and hopefully in person soon) in the fall!

Stay classy!

Nana-Ama Anang, Chelsea Blankenchip, Kellen Cavagnero, Rachel Diao, and Sean Harvey
BMS Welcome Liaisons

P.S. - Great website for grad students: http://grad.ucsd.edu
Important BMS Contacts

Chair:
Asa Gustafsson, abgustafsson@ucsd.edu
PSB 3266, Phone: (858) 822-5569, Fax: (858) 822-7558

Vice-Chair:
Kevin Corbett, kcorbett@ucsd.edu
PSB 3266, Phone: (858) 822-5569, Fax: (858) 822-7558

Student Affairs Coordinator:
Leanne Nordeman, Inordeman@ucsd.edu
5008 BSB, Phone: (858) 534-3982, Fax: (858) 534-0006

Program Affairs Coordinator:
Patricia Luetmer, pluetmer@ucsd.edu
5008 BSB, Phone: (858) 822-2001, Fax: (858) 534-0006

BMS Welcome Liaisons:

Nana-Ama Anang, nanang@health.ucsd.edu

Chelsea Blankenchip, clblanke@health.ucsd.edu

Kellen Cavagnero, kecavagn@health.ucsd.edu

Rachel Diao, rydiao@health.ucsd.edu

Sean Harvey, ssharvey@health.ucsd.edu

BMS Web and Social Media:

Slack (for issues, feel free to contact Sonya Haupt, srhaupt@health.ucsd.edu):
https://join.slack.com/t/bmsgraduates-ou78445/shared_invite/zt-g38bz1it-l6XFJ26cA6RfGaepmxinA

Website: http://biomedsci.ucsd.edu

Twitter: https://twitter.com/ucsdBMS

Facebook Page: https://www.facebook.com/UCSDBMS/

All Students Facebook Group: https://www.facebook.com/groups/117399715037735/
Finding a Place to Live

We are frequently asked, “How do I find somewhere to live? Where are the good places?” Well, here is some information to try to make your search a little easier!

On-Campus:
- [https://hdhgradfamilyhousing.ucsd.edu/](https://hdhgradfamilyhousing.ucsd.edu/)
- ARCH Centralized Leasing Office Phone: (858) 534-2724

THE FIRST THING YOU SHOULD DO ONCE YOU ACCEPT AT UCSD IF YOU WANT TO GET INTO ON-CAMPUS GRAD HOUSING, IS SIGN UP ON THE HOUSING WAITLIST

2020-2021 Rates:

**Coast Apartments**
- Studio: $816 (320 sq ft)
- 1BR: $1107 (490 sq ft)
- 2BR: $772.50/person (651 sq ft)

**One Miramar Street (OMS)**
- 2BR: $672/person (701 sq ft)

**Central Mesa**
- 1BR: $1134
- 2BR: $625.50/person (838 sq ft)
- 3BR: $1455

**South Mesa**
- 2BR: $724.50/person (984 sq ft)

**Nuevo West (furnished)**
- Studio: $1101 (375 sq ft)
- 2BD/1BA: $964.50/person (745 sq ft)
- 4BD/2BA: $939/person (1350 sq ft)
- 6BD/3BA: $915/person (2150 sq ft)

**Mesa Nueva**
- Studio: $873 (275 sq ft - furnished)**
- 1BR/1BA: $1227 (720 sq ft)
- 2BR/2BA: $1716 (950 sq ft)

Per Room:
- Bedroom #1: $843
- Bedroom #2: $873 (Private Bathroom)

**Nuevo East**
- 1BR/1BA: $1401 (480 sq ft)
- 2BR/1BA: $925.50/person (700 sq ft)
- 3BR/2BA: $951/person (940 sq ft)
- 3BR/2BA Townhouse: $1035/person (1400 sq ft)
- 4BR/2BA: $900/person (1200 sq ft)

For additional on-campus housing, questions contact Nana-Ama Anang: [nanang@ucsd.edu](mailto:nanang@ucsd.edu)

* Rates include water, trash, gas, and parking. Cable and internet will be provided for Mesa and Miramar residents. Residents in two/three-bedroom apartments pay for electricity. The refundable security deposit is $100.

**All utilities included (water, trash, gas, electricity, cable, internet, parking).
Apply here: https://hdhgradfamilyhousing.ucsd.edu/apply/index.html

- Coast will have a significantly longer waitlist (~2yrs), and it is unlikely that you will get an offer this year for these locations. If you want to move into on-campus housing as soon as possible, **be sure not to rank Coast!**

- You can live in these grad student residences with a non-UCSD student, but you must show proof of “committed couple status”. See this document for more details: https://hdhgradfamilyhousing.ucsd.edu/_files/Couple-Additional-Resident-Documentation.pdf or contact the Welcome Committee for more information.

- You can also find and indicate a preferred roommate through the application (see above). You will be offered an apartment only if you have an overlapping housing interest. This may take longer as it will require an entire apartment to be vacant instead of just one room.

**Off-Campus:**
There are several neighborhoods off-campus with grad student-friendly prices (see maps at the end of this packet). Here are a few of the major ones and the contact information of a BMS student who lives (or used to live) there!

**Beach communities:**
- **La Jolla** – This affluent city stretches from the grad student housing at UCSD down to North Pacific Beach. Some deals can be found on Craigslist for rentals near the beach, but most housing here is quite expensive. Downtown La Jolla is known for upscale boutiques, wine shops, and restaurants (Jack Houston jmhousto@ucsd.edu).

- **Del Mar/Solana Beach/Cardiff-by-the-Sea/Encinitas** – These small beach communities are just north of campus. They are clean, relatively quiet, and offer upscale local shops (similar to La Jolla). Some places can be found within budget, but there is significant traffic on the commute home (Melissa Roberts m5robert@health.ucsd.edu (Del Mar); Kellen Cavagnero kecavagn@health.ucsd.edu (Encinitas)).

- **Pacific Beach (“PB”) and Mission Beach** – This beach community is just south of La Jolla. It has a college atmosphere with lots of cheap restaurants and a lively nightlife. Most housing is within budget, especially the farther east you are from the beach. However, traffic in and out is an issue during rush hour since there is only one freeway exit for all of PB (Helen Wedegaertner hwedegae@ucsd.edu; Paige Ferguson lpfergus@ucsd.edu).

- **Ocean Beach (“OB”) and Point Loma** – OB and Point Loma may have some good deals (especially if you want to live near the beach), but the commute is more difficult than the other beach communities. This area offers a unique blend of surfers, hippies, and environmental activists. (Shanna Newton snewton@ucsd.edu).
Inland:

▪ **UTC/University City** – This is the area directly south and southeast of campus. Most of the apartments are on the pricey side. However, it is very close to campus, making for a very convenient commute using either the bus system or a bike. This area doesn’t have much of a nightlife, so students often travel to other areas of the city for entertainment (Carter Palmer capalmer@ucsd.edu; Erik Ehinger eehinger@iji.org).

▪ **Clairemont** – South of University City, this area is primarily residential. There are many great houses and apartments for cheap, but there are a few not-so-great areas (check out the place before you commit). It’s close and easy to get to school! (Chris Balak cbalak@health.ucsd.edu; Shanna Newton snewton@ucsd.edu)

▪ **Hillcrest, Mission Hills, North Park** – These trendy urban neighborhoods are just north of downtown and have a lot to offer. They are primarily populated by young 20’s/30’s, and have lots of popular bars, breweries, eateries, and events. Since this area is the farthest from UCSD, the commute can be longer, especially during rush hour (Gabriela Goldberg gagoldbe@ucsd.edu (Hillcrest/Mission Hills); Spencer Brightman sbrightm@health.ucsd.edu (NorthPark).

▪ **Carmel Valley, Sorrento Valley, Mira Mesa** – These suburban neighborhoods are located north and east of UCSD. Housing prices tend to be more affordable in Carmel Valley, Sorrento Valley, and Mira Mesa, but these neighborhoods are also a little farther from UCSD. Mira Mesa is home to Ballast Point and many other restaurants and breweries. There is less traffic during rush hours (4 p.m.-7 p.m.) but a significant lack of public transportation to this neighborhood (Christine Liu csl022@health.ucsd.edu (Carmel Valley); Nina Gao njgao@health.ucsd.edu (Sorrento Valley); Tiani Louis tlouis@ucsd.edu (Mira Mesa).

See what the City of San Diego says about the neighborhoods: [http://www.sandiego.gov/planning/community/profiles/](http://www.sandiego.gov/planning/community/profiles/)

Resources from UCSD for searching for an off-campus place: [https://students.ucsd.edu/campus-services/housing/offcampus/index.html](https://students.ucsd.edu/campus-services/housing/offcampus/index.html)
When to move to San Diego

Summer Rotation
We currently are **not conducting** a summer rotation program.

Students should plan to move to San Diego in September 2020. BMS Orientation begins on Monday, September 21\(^{st}\), and continues through the first day of classes on Thursday, October 1\(^{st}\).

The Graduate Division will also hold their All-Grad Orientation on Wednesday, September 16\(^{th}\). Please note that this is a separate orientation before BMS orientation begins.

International students must also attend the ISPO Orientation which runs from September 8-18\(^{th}\).

Orientation

Several topics will be covered during BMS And the Graduate Division’s Orientation. These include:

- Mental Health Awareness
- Professionalism
- Short research talks from faculty members
- Meeting your SPAC Advisor (your advisor during the first year)

If you have any general questions about the BMS requirements, you can look up the guidelines here: [BMS Guidelines](#).
# Academic Calendar 2020-2021

**Fall 2020**

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fall Quarter begins</td>
<td>Monday, September 28</td>
</tr>
<tr>
<td>Instruction begins</td>
<td>Thursday, October 1</td>
</tr>
<tr>
<td>Veterans Day Holiday</td>
<td>Wednesday, November 11</td>
</tr>
<tr>
<td>Thanksgiving Holiday</td>
<td>Thursday – Friday, November 26–27</td>
</tr>
<tr>
<td>Instruction ends</td>
<td>Friday, December 11</td>
</tr>
<tr>
<td>Final Exams</td>
<td>Saturday – Saturday, December 12–19</td>
</tr>
<tr>
<td>Fall Quarter ends</td>
<td>Saturday, December 19</td>
</tr>
<tr>
<td>Winter Break</td>
<td>Thursday – Friday, December 24–25</td>
</tr>
<tr>
<td>New Year Holiday</td>
<td>Thursday – Friday, December 31 – January 1</td>
</tr>
</tbody>
</table>

- 49 Days of Instruction -
- 60 Days in Quarter -

**Winter 2021**

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Winter Quarter begins</td>
<td>Monday, January 4</td>
</tr>
<tr>
<td>Instruction begins</td>
<td>Monday, January 4</td>
</tr>
<tr>
<td>Martin Luther King, Jr. Holiday</td>
<td>Monday, January 18</td>
</tr>
<tr>
<td>Presidents' Day Holiday</td>
<td>Monday, February 15</td>
</tr>
<tr>
<td>Instruction ends</td>
<td>Friday, March 12</td>
</tr>
<tr>
<td>Final Exams</td>
<td>Saturday – Saturday, March 13–20</td>
</tr>
<tr>
<td>Winter Quarter ends</td>
<td>Saturday, March 20</td>
</tr>
</tbody>
</table>

- 48 Days of Instruction -
- 55 Days in Quarter -

**Spring 2021**

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spring Quarter begins</td>
<td>Wednesday, March 24</td>
</tr>
<tr>
<td>César Chávez Holiday</td>
<td>Friday, March 26</td>
</tr>
<tr>
<td>Instruction begins</td>
<td>Monday, March 29</td>
</tr>
<tr>
<td>Memorial Day observance</td>
<td>Monday, May 31</td>
</tr>
<tr>
<td>Instruction ends</td>
<td>Friday, June 4</td>
</tr>
<tr>
<td>Final Exams</td>
<td>Saturday – Friday, June 5–11</td>
</tr>
<tr>
<td>Spring Quarter ends</td>
<td>Friday, June 11</td>
</tr>
<tr>
<td>Commencement programs</td>
<td>Saturday – Sunday, June 12–13</td>
</tr>
</tbody>
</table>

- 49 Days of Instruction -
- 58 Days in Quarter -

* All dates for Fall 2020 are in compliance with UCOP Religious Holiday Conflict Policy.
Car Issues

Driver’s License
You are required to get a driver’s license within 10 days of moving to California. Do it as soon as possible, and don’t wait until the last minute. Schedule a DMV appointment online to cut down on wait time. If you have a license from another state, you will need to take a written test but not a driving test to receive your California license.

California Registration
You are required to register your car within 20 days of moving to California. You might as well do it at the same appointment to get your driver’s license. It is a California state requirement to have a new Smog Certificate upon initial registration, so make sure you do it before you go to the DMV (~$50). It is easiest to make a smog check appointment a few days before your DMV appointment. If you live near campus, I recommend the Shell station/service center on the corner of Genesee and Governor (University City Service Center). The DMV website has more details: (http://www.dmv.ca.gov/portal/dmv/dmv/offices)

Tips and Tricks
● If you don’t have a car, you will probably want one. Many people attempt to live here without a car, and, while it is possible, it makes life pretty difficult. If you are thinking of buying a car, the best option would be to buy it once you arrive in San Diego (easier registration, taxes, etc.).

● It is expensive to register a car in California. If you have NOT had your car (in your name) for a full year, you will be forced to pay taxes on the worth of the car. This is to try to keep people from buying cars out of state and driving them over the border to avoid California taxes. If you paid taxes on the car in another state, you will pay the difference between the CA sales tax, and the cost of sales tax where you bought the car (since California will most likely be higher!). You are not exempt if you get the car for “free” or if it is a “gift” from parents, etc. You still have to pay sales tax!

● If you want to figure out what your registration will cost, you can use the DMV’s handy calculator: https://mv.dmv.ca.gov/FeeCalculatorWeb/index.jsp

● Find the DMV’s around San Diego and look up all the official rules here: https://www.dmv.ca.gov/portal/dmv/dmv/offices

● Make an appointment on the DMV website before you even get to San Diego! Appointments are scheduled 2+ weeks in advance, but making one will dramatically reduce your wait time at the office.

● Contact Liz Ostota (eosota@ucsd.edu) if you have any questions about bringing/shipping a car from out-of-state.
Parking on campus
Info on buying and using parking permits here: https://transportation.ucsd.edu/parking/permits/

Be aware that spots fill up early in the morning. Here is a list of parking locations and the average time the lot was full in the mornings of Spring 2018: https://transportation.ucsd.edu/parking/availability.html.

Convenient parking lots close to the School of Medicine are:

- **Gilman Parking Structure** at Villa La Jolla and Gilman Drive, B spots fill up by ~7:45 a.m.,
- **P102** near Revelle College and Scholar’s Drive South, B spots fill up by ~8:15 a.m., and it is about a 10-minute walk to SOM.
- **Osler Parking Structure** at Gilman Drive and Osler Lane, spots fill up by ~8 a.m.
- There are also B spots at the **UCSD Medical Center La Jolla** (see right side of map) with shuttles to main campus/SOM.
- Contact Kellen Cavagnero (kecavagn@health.ucsd.edu) if you have any questions. Be advised that due to ongoing construction, parking is continuously in flux and may be different in Fall 2020.

For an up-to-date, interactive map of campus, including B parking spots and construction: https://maps.ucsd.edu/map/default.htm
Student ID Card

All students enrolled for the Fall quarter are entitled to a Triton ID Card. This is your official university ID card, and you are issued just one active card.

Graduate students should have received instructions to submit their photos electronically through the Photo Tool at [https://students.ucsd.edu/finances/campus-cards/photo-tool.html](https://students.ucsd.edu/finances/campus-cards/photo-tool.html) between May 1st and August 1st*.

More information on how to obtain your ID card will be available later in the summer.

The Photo Tool is the only method available to capture ID card photos. Please make an effort to submit your photo before the deadline. More information can be found at [https://students.ucsd.edu/finances/campus-cards/index.html](https://students.ucsd.edu/finances/campus-cards/index.html)

*This year, the Campus Card office is having a Photo Tool Giveaway Contest, where you can potentially win a Nintendo Switch. Please check [https://students.ucsd.edu/finances/campus-cards/photo-tool.html](https://students.ucsd.edu/finances/campus-cards/photo-tool.html) for details.

The campus ID card has many perks and uses:

- Check out books and materials through UCSD libraries
- Use it as a debit card at various campus dining facilities
- Use your ID to purchase a rec card or gain access to recreation classes and facilities
- Get discounts or free admission to sporting events through the UCSD Box Office
- Get free rides on public transportation
- Show your affiliation, if needed, on UCSD shuttles
- Get employee discounts on attractions, electronics, education, movies, and more

Questions? Contact Campus Cards at campuscards@ucsd.edu or (858) 534-6606.
Alternative Transportation

There are many free shuttles and bus lines provided by UCSD. In order to use these services, you must get your campus ID card stickered.

Public buses:
- Triton U-Pass is a UC San Diego universal transit pass program that provides students unlimited rides on all regional MTS and NCTD mass transit bus and trolley/light rail routes during academic quarters.
- To download the U-Pass Cloud app and create your account visit https://transportation.ucsd.edu/alternatives/transit/u-pass.html#Using-U-Pass-Sticker
- Alternatively, U-Pass stickers are available for students who do not have access to use the U-Pass app with a smartphone. For more information please visit the website https://transportation.ucsd.edu/alternatives/transit/u-pass.html#Sticker-Availability-for-Non-Sm

Free UCSD Shuttles: (subject to change due to COVID19)
- In addition to the free public buses, UCSD has a network of shuttles. These run from various housing complexes to campus, and also include several routes around the campus itself.
- An up-to-date map of shuttle routes can be found here: http://ucsdbus.com/m/routes. Please note, routes are liable to change between quarters and over the summer.
- Most shuttles are equipped with bike racks for those who bike
- More information and live shuttle tracking can be found on the UCSD Transportation Services website: https://transportation.ucsd.edu/shuttles/index.html

Biking:
- Many people bike to campus. To follow regulations at UCSD, you need a bike registration sticker on your bicycle. You can get this from the UCSD Bike Shop located in Student Center A, weekdays from 9 a.m. to 5 p.m. Registration fee is $6.
- http://blink.ucsd.edu/safety/emergencies/security/bike.html
- If you bike for most of your commute to UCSD and are registered with the state of California, then you can join the Pedal Club. The Pedal Club allows you 10 complimentary days for parking your car per quarter with an Occasional Use permit. You also can get maintenance discounts at the UCSD Bike Shop, among other benefits.
- If you will be living in any of the Mesa housing complexes or OMS, there is a pedestrian bridge making biking (and walking!) to campus even easier.
- Spin Bikesharing: GPS-equipped bikes available all around campus and campus housing for your convenience. Download the Spin app to your phone.
- See website for details:
http://transportation.ucsd.edu/alternatives/cycling/pedal.html

Ride-sharing:
- UCSD is a participant in the Lyft FLEX flexible commute program
- Purchase Lyft FLEX credits at a discount and receive 5-10 days of free parking
- Details can be found here: https://transportation.ucsd.edu/alternatives/lyft.html

*You can also ask Danielle Schafer (dschafer@health.ucsd.edu) if you have any questions regarding bus routes, or Sean Harvey (ssharvey@health.ucsd.edu) if you have any questions regarding bicycling around campus.

Proposals are being developed for changes to the transit subsidy and other alternative transportation and incentive programs.
## Setting Up Utilities

If you are living in UCSD On-campus Grad Housing, some utilities will be set up for you, while others you will be expected to handle. Check out your Residential Services Office for any discounts or deals.

### Electricity
- San Diego Gas and Electric
  - [http://www.sdge.com](http://www.sdge.com)
  - (800) 411-7343

### Water
- San Diego Public Utilities - Water
  - (619) 515-3500

### Cable/Internet (There are a couple of others, but these are the main ones)
- Spectrum/Time Warner Cable
  - [https://www.spectrum.com/](https://www.spectrum.com/)
  - 1-888-892-2253
- AT&T U-verse/Internet
  - Note: Some locations will only let you install direct TV with ATT Internet. If you are in grad housing and have only this option, there is a good chance that you won’t be able to get a signal due to the trees around the neighborhood. However, all locations have access to Time Warner.
- DirecTV
  - [http://www.directv.com/DTVAPP/index.jsp](http://www.directv.com/DTVAPP/index.jsp)
  - (888) 795-9488
  - You can get $100 off if a friend or family member who also has a DirectTV account refers you.
- Cox Communications
  - [http://www.cox.com/](http://www.cox.com/)
  - 866-961-0027
**Stipend and Taxes**

- Paycheck amount – you are getting paid $34,500 a year beginning September 1. You must pay taxes on this money!

- UCSD pays you after you work (i.e., “in arrears”). Therefore, you will be officially listed on the payroll as of September 1, 2020 but will not receive a paycheck until October 1, 2020.

- Entering Ph.D. students will receive a one-time BMS Transition Award of $1500 to use at their discretion (we recommend that the award be used for relocation expenses or educational expenses, such as the purchase of a computer). You will receive the check for the Transition Award on September 1, 2020.

- If you are getting paid through the BMS program (i.e., you don’t have outside funding), you may be receiving your paycheck from two sources — one is a salary that has taxes deducted prior to reaching you, and the other is a scholarship that does not get taxes deducted. Because a portion of your pay is not automatically taxed, you will owe money to the IRS. It is important to put away some money every month to cover taxes at the end of the year!

- Instructions for setting up direct deposit for your scholarship can be found on the Student Financial Solutions website [https://sfs.ucsd.edu/student-accounts/direct-deposit.html](https://sfs.ucsd.edu/student-accounts/direct-deposit.html). Direct deposit information on salary payments will be available in October.

- **YOU MUST FILE YOUR TAX RETURNS AS A RESIDENT OF CALIFORNIA,** not of any other state. If you are filing in multiple states, be sure to indicate California as your primary residence on ALL, or your residence may be challenged. Disclaimer, this is not legal advice, but some people ran into a couple of issues when establishing residency because they made this mistake.
California Residency

If you are a citizen of the USA, you **MUST** become a California resident before the start of your second year. To do this, you need the following 12 things. Start collecting these in a folder ASAP!!! It’s **MUCH** easier if you start as early as possible. **YOU HAVE TO DO THIS!!!**

*Temporary Physical Amendment to the Residency Regulations (Fall 2020 Quarter Only)*

Due to the Covid-19 Pandemic and courses for the 2020 Fall quarter delivered via remote instruction, the remote courses will serve as a replacement for physical presence. Meaning if you are not able to move to CA by this coming fall quarter, it will not affect your eligibility for in-state tuition for the 2021 fall quarter. In order to qualify for in-state tuition next new, you do have to physically start living in CA by January 1, 2021, and continue physically living in CA through the remainder of the 2020-2021 academic year.

You will need (copied from online) [https://students.ucsd.edu/finances/fees/residence/status-change.html#Make-copies-of-all-12-applicable](https://students.ucsd.edu/finances/fees/residence/status-change.html#Make-copies-of-all-12-applicable):

1. California driver’s license or a California ID card as soon as possible but within a few months of arriving in the state. The DMV has very specific rules; see their [information for persons new to California](https://www.dmv.ca.gov/). Operating a vehicle in California that is not owned by you still requires you to obtain a California driver’s license and proof of California car insurance.

2. Voter registration card or affidavit from Registrar of Voters: Contact Registrar of Voters at (800) 696-0136, or check the status and apply online at the [County of San Diego Voter Registration website](https://www.registertovote.ca.gov/).

3. Bank and credit card statements with a California address and California transactions for all 12 months prior to applying for residency.

4. California car registration and car insurance card as soon as possible, but within a few months of arriving in the state. The DMV has very specific rules; see their [information for persons new to California](https://www.dmv.ca.gov/). Operating a vehicle in California that is not owned by you still requires you to obtain a California driver’s license and proof of California car insurance.

5. Federal and all state tax returns for the past year, or W2s only if you did not file in any state. Your residency will be questioned if, during the period you are claiming to be a California resident, you file a full-year resident tax return in another state or file a full-year non-resident California state tax return. If you filed a California Part-Year Resident return (Form 540NR), be sure to include your [Schedule CA 540NR](https://www.ftb.ca.gov/forms/540nr.html). Black out all social security numbers.
on all tax documents. If you did not keep copies, call the Franchise Tax Board for copies of your state tax return and the IRS for your federal tax return at least 90 days before you submit your packet.

6. Evidence of financial independence (you must meet ONE requirement). You:
   o Are a single undergraduate under age 24 and were not claimed as a dependent for tax purposes by either non-resident parent or any other individual for the current and 2 tax years immediately preceding the quarter for which you request classification as a resident, and you can demonstrate self-sufficiency for the current and 2 preceding years. Single undergraduates under 24 must submit; for the applicable quarter, a petition is being filed, a budget worksheet form. Use this sample as a guide to what you will provide with your own worksheet, and you must label each income document. Sample Budget Worksheet
   
   o Document all sources of income listed on the worksheet, and include your own and your parents’ prior 2 tax years of state and federal tax returns, or
   
   o Are financially dependent on a California resident parent who meets the University’s requirements for residence for tuition purposes (eligible to establish residence, one-year physical presence showing intent to remain in the state); the student would submit the 12 items for the parent(s) claiming to be a resident(s) and for the student his/herself, or
   
   o Will be at least 24 years old by Dec. 31 of the calendar year for which classification as a resident is requested (student would submit a copy of driver’s license), or
   
   o Are a veteran of the U.S. Armed Forces, or
   
   o Are a ward of the court or both parents are deceased, or
   
   o Have a legal dependent(s), or
   
   o Are a married student who was not claimed as an income tax deduction by either parent or any other individual for the tax year immediately preceding the term for which classification as a resident is requested, or
   
   o Are a graduate or professional school student who was not claimed as an income tax deduction by either parent or any other individual for the tax year immediately preceding the term for which classification as a resident is requested (submit copies of parents’ federal and state tax returns for the prior tax year), or
   
   o Are a graduate or professional school student who is employed at the University of California 49 percent or more time (or awarded the equivalent in University-administered funds) during the quarter for which classification as a resident is requested (submit a letter from graduate department stating as such), or
1. Reached the age of majority (18) in California while your parents were residents of California, and they left the state to establish a residence elsewhere, and you continue to live in California after their departure.

7. Proof of physical presence in California for the summer immediately prior to the change of classification request:

   o Employment verification from California employer, or from your major department attesting to physical presence in the state, and

   o Either bank or credit card statements, whichever one indicates dates/location activity on them for June, July, and August. If there are other names on the account in addition to the student’s, the only statements that can be provided must be in the student’s name only.

   o If absent from the state, provide airline tickets.

   o If on an out-of-state research appointment, provide a letter from your department endorsing your absence.

   o Do not submit store receipts as proof of your physical presence.

   o Summer actions count! A student’s actions during the entire year, including the summer, affect the determination made regarding residence status for tuition purposes. A student who is in California solely for educational purposes is not eligible for California residence for tuition purposes regardless of the length of his or her stay.

   o If a student returns to his or her former place of residence (outside California), he or she will be presumed to be in California solely for educational purposes, and only strong evidence to the contrary will rebut this presumption.

   o A student seeking to establish California residence who accepts employment or conducts research outside of California will be questioned regarding his or her attempts to find employment and/ or conduct research within California. Leaving the state for a unique research opportunity or for special circumstances (such as a medical emergency) may not preclude the student from being classified as a resident, but the burden will be on the student to provide convincing evidence that leaving the state was not inconsistent with his or her claim of permanent residence. See Residence for Tuition Purposes: Temporary Absences.

8. Copies of all your housing contracts, monthly rental agreements, lease or proof of property ownership for the past year, or verification in writing from the property owner of housing agreement.

9. Proof of credit and memberships with CA merchants, e.g., stores, supermarkets, video clubs, fitness clubs, public library, magazine subscriptions, and religious affiliations.
10. Proof of your belongings moved into California, such as a moving van bill of lading, U-Haul moving van receipts, etc.

11. Proof of utilities in your name, e.g., phone, gas, electric, TV, cable, Internet, water, etc. for all 12 months prior to the quarter for which you are applying.

12. Non-US citizens must provide proof of eligible USCIS status in the US (permanent resident card, I-94 record for the past year, I-821D DACA approval notice, etc.).

Note: Attach a written statement as to the circumstances of any missing or late-dated documents. Make copies of all documentation to keep for your records.

For more information regarding residency requirements, please see https://students.ucsd.edu/finances/fees/residence/criteria.html
International Students

The International Students and Program Office is located in the Student Center B off of Mandeville Lane and is open Monday through Friday from 9:00 a.m. – 4:00 p.m.

The International Students & Programs Office (ISPO) is closed to the public for in-person service due to the State of California “Stay at Home Order” (Executive Order N-33-20). Due to COVID-19 guidelines limiting social gatherings and interactions, ISPO will continue to provide all advising services through virtual Zoom Advising and email. These measures not only serve to protect both you and their staff through recommended social distancing, but they are designed to better serve you with more accessible advising and information online.

All Information for Newly Admitted International Graduate Students can be found at https://ispo.ucsd.edu/advising/visa/new-students/graduate-students/index.html

When you Arrive:

Step 1: Complete ISPO’s iTriton Online Training Program

Newly admitted international students are required to complete the iTriton Online Training during their first quarter at UC San Diego.

To help guide you through the adventure ahead, we have created an online training that will map out your journey as an international student here at UC San Diego. There are 20 modules that cover various topics. We have arranged these modules in the order you may encounter them during your program. However, you can explore the modules in any order you’d like! In the Pacific Ocean, you will see yellow caution modules. Pay close attention as these caution modules demonstrate some of the top issues international students face with their immigration status. We encourage you to review all 20 modules. However, note that only the BLUE and YELLOW CAUTION modules are required to complete the Assessment.

Newly admitted international students are required to complete the iTriton Online Training during their first quarter at UC San Diego.

All new Fall 2020 students will have until October 16, 2020, to complete this REQUIRED training.

ACCESS iTRITON ONLINE TRAINING here or visit iTriton.ucsd.edu

Step 2: International Center Document Check

Within 10 days after arrival into the USA, complete the International Student Document Self-Check. It is important for you to verify that your documents were processed correctly at the port of entry.
Please note that there is no need to notify the International Students & Programs Office when you complete the document self-check unless you have questions or if you believe there is an error in your visa status.

You should fulfill the document self-check requirement every time that you reenter the USA.

Step 3: International Student Orientation

WHEN IS ORIENTATION? IS THIS REQUIRED?
As a newly admitted international student, you are required to attend New International Student Orientation designed to help orient you to the UC San Diego campus community, inform you of your F1/J1 Rights & Responsibilities, and give you an opportunity to connect with other new international students! Attending ISPO’s orientation is required in addition to any of your college or department orientations. ISPO orientation runs from September 8-18, 2020
https://www.iorientationucsd.com/

Orientation registration is now open https://www.iorientationucsd.com/register. In order to register for New International Student Orientation, it is mandatory to sign up for 2 sessions in September: one required session + one session of your choice! You are also more than welcome to register for as many sessions as you would like!
*Please note that repeating sessions are the same sessions but offered at different times to accommodate time zones and schedule conflicts.

Additionally, Pre-orientation is from August 10 – 19. August Sessions do not count towards your total of two mandatory sessions, but might be helpful for your transition to UC San Diego.
Health Insurance

- Please note, you will NOT be covered by the UC Student Health Insurance Plan (UC SHIP) until September 21, 2020, so you will want to be certain that you are covered by your own health insurance if you choose to move in during the summer. If you let your health insurance coverage lapse, you may not be covered later for any conditions deemed “pre-existing” and might end up paying a lot of money to get treated for something simple. Again, MAKE SURE you are covered by your own health insurance until this date!
  
  - BMS and Student Health Services (SHS) can be contacted to begin coverage earlier than this date on a case-by-case basis if medical necessity is demonstrated.

- UCSD SHIP is a PPO health insurance plan that provides medical, pharmacy, dental, and vision coverage. Medical, hospital, and dental coverage are provided through Anthem Blue Cross, while coverage for pharmacy is provided by OptumRx, and dental coverage is provided through Delta Dental.

- More comprehensive details on health services covered by SHIP are provided at the UC-wide SHIP site: [https://www.ucop.edu/ucship/index.html](https://www.ucop.edu/ucship/index.html)

- More information on UCSD SHIP:
  
  - Website for UCSD Student Health Services: [https://wellness.ucsd.edu/studenthealth/Pages/default.aspx](https://wellness.ucsd.edu/studenthealth/Pages/default.aspx)
  
  - Download the mobile app for UC SHIP once your coverage starts. Your health insurance card can be accessed through the app. You also need to download the Delta Dental mobile app separately for your dental insurance card: [https://wellness.ucsd.edu/studenthealth/insurance/Pages/UC-SHIP-Mobile-App.aspx](https://wellness.ucsd.edu/studenthealth/insurance/Pages/UC-SHIP-Mobile-App.aspx)
  
  - UCSD MyChart is the portal through which you can view your healthcare history, make appointments at SHS, receive messages and test results from healthcare providers, and more. Sign up here: [https://myucsdchart.ucsd.edu/shs/](https://myucsdchart.ucsd.edu/shs/)
  
  - UC SHIP coverage is provided by Anthem BlueCross/BlueShield. If you receive care at a location other than Student Health Services (on campus), you can view your claims here: [https://www.anthem.com/health-insurance/home/overview](https://www.anthem.com/health-insurance/home/overview)
  
When and how to start looking for a rotation

● Don’t freak out! You do not need to have your rotations set in stone before you get here! You will have plenty of opportunities to hear about the research going on at UCSD once you start Orientation, and you are not expected to start in a rotation lab immediately. **However, it may be to your benefit to email a few professors during the summer and set up meetings for once you get to San Diego.** The first rotation is often the hardest to set up as not all labs will be willing and able to take rotation students in the fall because of grant deadlines, conferences, or because they would rather you rotate when you’re not adjusting to a new place. So, plan accordingly and be prepared to reach out to more than one person. *Also, be aware that in light of COVID19-related changes, you may have to be more flexible about choosing rotation labs because of reduced in-person lab capacity.*

● **Email the PI you would like to work with and set up a meeting.** Make sure to mention “BMS rotation” somewhere in the subject heading (or it may fall through the cracks). Try your absolute hardest to meet with professors before you agree to a rotation. The personal interaction you will have by sitting through a face-to-face meeting (even if it’s through Zoom) with your prospective PI is critical! Meet with as many professors as you can and pick the rotation that is the best fit for you. We have a large number of amazing faculty, so don’t be discouraged if a rotation doesn’t work out or someone you were interested in turns out not to be a great fit.

● **Be persistent!** Sometimes professors don’t answer email, or they say they don’t have space or funding, but if you follow-up and are persistent, you can find out more!

● **Try to meet with the post-docs/grad students/technicians** you would be working with on a day-to-day basis during your rotation. A poor mentor can make for a miserable rotation – even if you like the professor and the work.

● **Ask the PI important questions:**
  o Do you have funding? This may feel awkward, but it is perhaps the most important initial question. This will not offend him or her.
  o Do you have space and time for another graduate student?
  o What sort of projects would I work on for my thesis?

● **Talk to current students.** Don’t hesitate to communicate with students who have rotated in or joined the lab. Most students are more than happy to talk about their labs and research! And remember, the more opinions, the better informed you are when it comes to making a choice. On the BMS website, you can search for a current student and see a list of their rotations and thesis lab: [http://biomedsci-db.ucsd.edu/student_index](http://biomedsci-db.ucsd.edu/student_index). You can also insert a professor’s name into this search engine and see which students are associated with each. Ask us if you need the name of students who know more about the lab you are interested in.
- **Visit the BMS Laboratory Rotation Projects Page** (Password: Rocknroton) [http://biomedsci-db.ucsd.edu/lab_rotation](http://biomedsci-db.ucsd.edu/lab_rotation) to get an idea of which professors indicated they were able to take rotation students last year and the projects they were working on. Faculty are currently updating their lab rotation availability throughout the summer. Please note that this is not a comprehensive list — not all faculty accepting students are listed here.

- **There is no perfect lab!** You will never find a perfect lab, but there are many amazing labs at UCSD that have great people, are doing top-notch science, and would be fun to work in. Don’t get caught up trying to find the “perfect” lab and miss out on some of the great ones that are here. Be open to labs doing work that you know nothing about, or labs doing techniques that you’ve never heard of, or labs that do more computational modeling even though you can barely turn on your PC. Be adventurous and learn something!
Important Locations for when you move (closest to UCSD)

Ikea
2149 Fenton Parkway
San Diego, CA 92108-4739

Target
5680 Balboa Avenue
San Diego, CA 92111-2706

Wal-Mart
4840 Shawline Street
San Diego, CA 92111

Home Depot
4255 Genesee Avenue
San Diego, CA 92117

Costco
4605 Morena Boulevard
San Diego, CA 92117

Ralphs
8677 Villa La Jolla Dr
La Jolla, CA 92037-2354

Vons
7788 Regents Road
San Diego, CA 92122

Trader Joe’s
8657 Villa La Jolla Dr
La Jolla, CA 92037-8309

Sprouts
3358 Governor Dr
San Diego, CA 92122

Balboa International Market
5905 Balboa Ave
San Diego, CA 92111
Zion Market
7655 Clairemont Mesa Blvd
San Diego, CA 92111

99 Ranch Market
7330 Clairemont Mesa Blvd
San Diego, CA 92111

If you need any other locations or ideas about where to get certain things – don’t hesitate to get in contact with one of us.
List of Important Websites

Department/School sites
- [http://biomedsci.ucsd.edu](http://biomedsci.ucsd.edu)
- [https://students.ucsd.edu](https://students.ucsd.edu)

Housing
- [https://hdhgradfamilyhousing.ucsd.edu/](https://hdhgradfamilyhousing.ucsd.edu/)
- [https://hdhgradfamilyhousing.ucsd.edu/apply/index.html](https://hdhgradfamilyhousing.ucsd.edu/apply/index.html)
- [https://offcampushousing.ucsd.edu/](https://offcampushousing.ucsd.edu/)

Transportation and Maps
- [http://www.ucsdbus.com](http://www.ucsdbus.com)
- [http://transportation.ucsd.edu/](http://transportation.ucsd.edu/)
- [http://www-act.ucsd.edu/maps/](http://www-act.ucsd.edu/maps/)

Car
- [https://mv.dmv.ca.gov/FeeCalculatorWeb/index.jsp](https://mv.dmv.ca.gov/FeeCalculatorWeb/index.jsp)
- [https://www.dmv.ca.gov/portal/dmv/dmv/offices](https://www.dmv.ca.gov/portal/dmv/dmv/offices)

Health Insurance
- [https://wellness.ucsd.edu/Pages/default.aspx](https://wellness.ucsd.edu/Pages/default.aspx)
- [http://studenthealth.ucsd.edu](http://studenthealth.ucsd.edu)
- [https://www.ucop.edu/ucship/index.html](https://www.ucop.edu/ucship/index.html)

Utilities
- [http://www.sdge.com](http://www.sdge.com)
- [https://www.spectrum.com/](https://www.spectrum.com/)
- [http://www.directv.com/DTVAPP/index.jsp](http://www.directv.com/DTVAPP/index.jsp)

Establishing California Residency
- [http://www.ucsd.edu/current-students/finances/fees/residence/status-change.html](http://www.ucsd.edu/current-students/finances/fees/residence/status-change.html)
- [http://www.ucsd.edu/current-students/finances/fees/residence/criteria.html](http://www.ucsd.edu/current-students/finances/fees/residence/criteria.html)

What to do in your free time
- [http://recreation.ucsd.edu/](http://recreation.ucsd.edu/)
- [https://www.sandiegobrewersguild.org/](https://www.sandiegobrewersguild.org/)
- [http://www.balboapark.org/](http://www.balboapark.org/)
Neighborhood Map (from UCSD)

Living within 3 miles of campus allows students to be actively engaged in both academic and social life at UCSD!

UCSD COMMUTER STUDENT SERVICES
commuter.ucsd.edu • 858-534-8673 • offcampushousing@ucsd.edu
Price Center East, Level 1 (South of ATMS)
San Diego Neighborhood Map
## Apartment Complexes Near Campus

### LOCAL APARTMENTS

All apartments are located on the MTS Bus and UCSD Shuttle Line.

<table>
<thead>
<tr>
<th>Number</th>
<th>Apartment Complex</th>
<th>Address</th>
<th>Phone</th>
<th>Website</th>
<th>Distance to Campus</th>
<th>Average Rent</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Archstone Apartments</td>
<td>6500 Villa La Jolla</td>
<td>858-952-6950</td>
<td>archstoneamentos.com</td>
<td>0.5 miles</td>
<td>$1425 - 1915</td>
</tr>
<tr>
<td>2</td>
<td>Archstone UTC</td>
<td>7835 Avenida Navidad</td>
<td>858-453-0900</td>
<td>uc.san-diego.edu/archstone</td>
<td>2.3 miles</td>
<td>$1400 - 1600</td>
</tr>
<tr>
<td>3</td>
<td>Canyon Park</td>
<td>8555 Genesee Ave</td>
<td>858-557-8888</td>
<td>canyonpark.ucsd.edu</td>
<td>2.5 miles</td>
<td>$1600 - 1800</td>
</tr>
<tr>
<td>4</td>
<td>Costa Verde Village</td>
<td>1720 Costa Verde Blvd</td>
<td>858-453-8949</td>
<td>costaverdevillage.ucsd.edu</td>
<td>1.4 miles</td>
<td>$1510 - 2200</td>
</tr>
<tr>
<td>5</td>
<td>La Jolla Canyon</td>
<td>9515 Genesee Ave</td>
<td>858-388-9348</td>
<td>universityinternational.com</td>
<td>1.9 miles</td>
<td>$1570 - 1615</td>
</tr>
<tr>
<td>6</td>
<td>La Jolla Crossroads</td>
<td>6035 Judicial Dr</td>
<td>858-453-8100</td>
<td>ljkreisler.com</td>
<td>2.3 miles</td>
<td>$1525 - 2285</td>
</tr>
<tr>
<td>7</td>
<td>La Jolla International Gardens</td>
<td>3417 Lebon Dr</td>
<td>858-453-7884</td>
<td>internationalgardens.ucsd.edu</td>
<td>1.1 miles</td>
<td>$1525 - 1870</td>
</tr>
<tr>
<td>8</td>
<td>La Jolla Nobel</td>
<td>4230 Nobel Dr</td>
<td>858-453-4934</td>
<td>nobelapartments.ucsd.edu</td>
<td>0.5 miles</td>
<td>$1475 - 1595</td>
</tr>
<tr>
<td>9</td>
<td>La Jolla Palms</td>
<td>3835 Lebon Dr</td>
<td>858-453-6810</td>
<td>lajollapalms.ucsd.edu</td>
<td>1.2 miles</td>
<td>$1600 - 2000</td>
</tr>
<tr>
<td>10</td>
<td>La Jolla Park West</td>
<td>5105 La Jolla Torrey Pines Rd</td>
<td>858-453-9050</td>
<td>torreyapartments.ucsd.edu</td>
<td>1.2 miles</td>
<td>$1625 - 1700</td>
</tr>
<tr>
<td>11</td>
<td>La Regencia</td>
<td>7881 Palmilla Dr</td>
<td>858-453-2000</td>
<td>laregencianews.ucsd.edu</td>
<td>1.3 miles</td>
<td>$1475 - 1915</td>
</tr>
<tr>
<td>12</td>
<td>La Solla</td>
<td>3590 Nobel Dr</td>
<td>858-453-9981</td>
<td>lassollanews.ucsd.edu</td>
<td>1.5 miles</td>
<td>$1525 - 1870</td>
</tr>
<tr>
<td>13</td>
<td>La Jolla</td>
<td>7031 Charmont Dr</td>
<td>858-453-8000</td>
<td>lajollanews.ucsd.edu</td>
<td>0.8 miles</td>
<td>$1510 - 1675</td>
</tr>
<tr>
<td>14</td>
<td>La Jolla Colony</td>
<td>7500 Charmont Dr</td>
<td>858-453-8000</td>
<td>lajollanews.ucsd.edu</td>
<td>1.4 miles</td>
<td>$1525 - 1975</td>
</tr>
<tr>
<td>15</td>
<td>Nobel Court</td>
<td>9737 Nobel Dr</td>
<td>858-453-9000</td>
<td>nobelcourt.ucsd.edu</td>
<td>1.3 miles</td>
<td>$1525 - 2015</td>
</tr>
<tr>
<td>16</td>
<td>Pacifica Gardens</td>
<td>0140 Genecco</td>
<td>858-453-8000</td>
<td>pacificagardens.ucsd.edu</td>
<td>2.2 miles</td>
<td>$1475 - 1915</td>
</tr>
<tr>
<td>17</td>
<td>Regent Court</td>
<td>8465 Regent Dr</td>
<td>858-453-9000</td>
<td>regentcourt.ucsd.edu</td>
<td>0.7 miles</td>
<td>$1475 - 1870</td>
</tr>
<tr>
<td>18</td>
<td>Torrey Pines Village</td>
<td>6030 Lombard Pl</td>
<td>858-453-8000</td>
<td>torreyapartments.ucsd.edu</td>
<td>1.4 miles</td>
<td>$1625 - 1700</td>
</tr>
<tr>
<td>19</td>
<td>Towers at Costa Verde</td>
<td>6775 Costa Verde Blvd</td>
<td>858-453-8000</td>
<td>universityinternational.com</td>
<td>1.4 miles</td>
<td>$1525 - 1915</td>
</tr>
<tr>
<td>20</td>
<td>Villa La Jolla</td>
<td>6560 Via Montecito</td>
<td>858-453-6810</td>
<td>villala_jolla.ucsd.edu</td>
<td>0.9 miles</td>
<td>$1525 - 1915</td>
</tr>
</tbody>
</table>

*Information collected quarterly. UCSD and Commuter Student Services are not listed and do not endorse the above apartment and condominium listings.*

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**UCSD COMMUTER STUDENT SERVICES**

commuter.ucsd.edu • 858-534-9870 • offcampushousing@ucsd.edu

Price Center East, Level 1 (South of ATMS)

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Several of the further routes are not shown, but all UCSD shuttles can be found at http://ucsdbus.com/m/routes
San Diego Regional Transit: