Welcome to

Biomedical Sciences
GRADUATE PROGRAM
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Welcome Incoming Students!

We have put together this packet of information to help you get settled here at UCSD.

While we have tried to anticipate as many of your questions as we could, there are always more things you may want to know, so please do not hesitate to ask us anything. If we don’t know, we will help you find somebody who does!

You made a great choice picking UCSD and the BMS program, and we can’t wait to see you in the fall!

Feel free to get in touch with us in any way possible – email, Facebook, etc. We have made a Facebook group for your incoming class, so send one (or all) of us a friend request and we can add you to the group!

Stay classy!

Jack Houston, Chris Park, and Cedric Snethlage
BMS Welcome Liaisons

jmhousto@ucsd.edu, chp031@ucsd.edu, and csnethla@ucsd.edu.

P.S. - Great website for grad students: http://grad.ucsd.edu
Important BMS Contacts

Chair:
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Vice Chair:
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BMS Welcome Liaisons:
**Jack Houston, Chris Park, and Cedric Snethlage**
jmhousto@ucsd.edu, chp031@ucsd.edu, and csnethla@ucsd.edu
Finding a Place to Live

The first question we are usually asked is “How do I find somewhere to live? Where are the good places?” Well, here is some information to try to make your search a little easier!

On Campus:

- [http://hdh.ucsd.edu/arch/pages/](http://hdh.ucsd.edu/arch/pages/)
- ARCH Centralized Leasing Office phone: (858) 534-2724

THE FIRST THING YOU SHOULD DO ONCE YOU ACCEPT AT UCSD IF YOU WANT TO GET INTO ON-CAMPUS GRAD HOUSING IS SIGN UP ON THE HOUSING WAIT LIST!

2017-2018 Rates:

**Single Grad Housing** (basically dorms)
4BR furnished apartment: $504/person
(Includes ethernet, cable, electricity)

**Rita Atkinson** *(Krystyna)*
2BR: $1110 or $555/person
(On campus; parking not included)

**Coast Apartments**
Studio: $714 (320 sq ft – VERY SMALL)
1BR: $975 (490 sq ft)
2BR: $1347 or $673.50/person (651 sq ft)

**One Miramar Street (OMS)** *(Carlos, Kira, Cedric & Chris)*
2BR: $1206 or $603/person (701 sq ft)

**Mesa Nueva (opening summer 2017)**
Studio: $750 (275 sq ft - REALLY SMALL)
1BR: $1071 (720 sq ft)
2BR: $1500 or $750/person (950 sq ft)
3BR: $750/room (1315 sq ft)

**Central Mesa**
1BR: $1020
2BR: $1134 or $567/person (838 sq ft)
3BR: $1323

**South/West Mesa** *(Angeline Chen and Nadia Arang)*
2BR: $1305 or $652.50/person (984 sq ft)

* Rates include water, trash, and gas. Cable and internet will be provided for Mesa and Miramar residents. Residents in two bedroom apartments pay for electricity. Refundable security deposit is $100.

Apply here: [https://hdh.ucsd.edu/ARCHWaitList/Default.aspx](https://hdh.ucsd.edu/ARCHWaitList/Default.aspx)
Coast and Mesa will have longer waitlists and it is unlikely that you will get an offer this year for these locations. If you must move into on campus as soon as possible, be sure to rank OMS and Rita!

You can live in these grad student residences with a non-UCSD student, but you must show proof of “committed couple status”. See the ARCH handbook for more details: [http://hdh.ucsd.edu/arch/pages/FAQ.html](http://hdh.ucsd.edu/arch/pages/FAQ.html) or ask Cedric for more questions.

You can also have a preferred roommate set up by going on the following website: [https://hdh.ucsd.edu/ARCHRoommate/](https://hdh.ucsd.edu/ARCHRoommate/). You will be offered an apartment if only you have an overlapping housing interest. This may also take longer as it will require an entire apartment to be vacant.

Off Campus:

There are several neighborhoods off campus with grad student-friendly prices (see maps at the end of this packet). Here are a few of the major ones and the contact information of a BMS student who actually lives (or used to live) there!

**Beach communities:**

- **La Jolla**—This affluent city stretches from the grad student housing at UCSD down to North Pacific Beach. Some deals can be found on Craigslist for rentals near the beach, but most housing here is quite expensive. Downtown La Jolla is known for upscale boutiques, wine shops, and restaurants (Jack Houston, jmhousto@ucsd.edu).

- **Del Mar/Solana Beach/Cardiff-by-the-Sea/Encinitas**—These small beach communities are just north of campus. They are clean, relatively quiet, and offer upscale local shops (similar to La Jolla). Some places can be found within budget, but there is significant traffic on the commute home (Hank Bradford, w1bradfo@ucsd.edu).

- **Pacific Beach (“PB”) and Mission Beach**—This beach community is just south of La Jolla. It has a college atmosphere with lots of cheap bars and restaurants, and a lively nightlife. Most housing is within budget, especially the farther east you are from the beach. However, traffic in and out is an issue during rush hour since there is only one freeway exit for all of PB (Paige Ferguson, lpfergus@ucsd.edu).

- **Ocean Beach (“OB”) and Point Loma**—OB and Point Loma may have some good deals (especially if you want to live near the beach), but the commute is more difficult than the other beach communities. This area offers a unique blend of surfers, hippies, and environmental activists. (Jane Klann, jklann@ucsd.edu).
Inland:

▪ **UTC/University City** – This is the area directly south and southeast of campus. Most of the apartments are on the pricey side. However, it is very close to campus, making for a very convenient commute using either the bus system or a bike. This area doesn’t have much of a nightlife so students often travel to other areas of the city for entertainment. (Chris Park, chp031@ucsd.edu, Tim Baffi, tbaffi@ucsd.edu).

▪ **Clairemont** – South of University City, this area is primarily residential. There are many cheap, great houses and apartments, but a few not-so-great areas (check out the place before you commit). It’s close and easy to get to school! (Ryan Geusz, rgeusz@ucsd.edu).

▪ **Hillcrest and North Park** – These trendy urban neighborhoods are just north of downtown and have a lot to offer. They are primarily populated by young 20’s/30’s, and have lots of popular bars, breweries, eateries, and events. Since this area is the farthest from UCSD, the commute can be longer especially during rush hour (Valerie Sapp, vapp@ucsd.edu).

▪ **Carmel Valley, Sorrento Valley, Mira Mesa** – These suburban neighborhoods are located north and east of UCSD. Housing prices tend to be more affordable in Carmel Valley, Sorrento Valley and Mira Mesa, but these neighborhoods are also a little farther from UCSD. Mira Mesa is home to Ballast Point and many other restaurants and breweries. There is less traffic during rush hours (4pm-7pm) but significant lack of public transportation to this neighborhood (Christine Liu csli022@ad.ucsd.edu (Carmel Valley), Nina Gao njgao@ucsd.edu (Sorrento Valley), Spencer Goodman spgoodma@ucsd.edu (Mira Mesa)).

See what the City of San Diego says about the neighborhoods: http://www.sandiego.gov/planning/community/profiles/

Resources from UCSD for searching for an off-campus place: https://students.ucsd.edu/campus-services/housing/offcampus/index.html
When to move to San Diego

**Summer Rotation**
We currently are **not conducting** a summer rotation program.

**Fall 2017**
Students should plan to move to San Diego in September 2017. All students need to come by the BMS office (BSB 5008) on Monday, September 18th to fill out new-hire paperwork and pick up an orientation schedule. BMS Orientation begins on Tuesday, September 19th and continues through Wednesday, September 27th. Classes will begin on Thursday, September 28th.

The Graduate Division will also hold their All-Grad Orientation on Wednesday, September 20th. Please note that this is a separate orientation from BMS and is not a part of our scheduled activities.

**The BMS Retreat**
We will all be going to the **Omni Rancho Las Palmas Resort in Palm Springs** from Wednesday, September 20th - Friday, September 22nd, 2017. We will listen to student and faculty research talks, have a few meals together, and enjoy the southern California weather. The retreat will be a great opportunity for you to meet the rest of the program, both students and faculty, as soon as you arrive at UCSD. BMS will provide a free transportation for all first years.
Orientation
There are several topics that will be covered during Orientation. These include:

- Lab safety training
- Mental Health Awareness
- Professionalism
- Short research talks from faculty members
- Meeting your SPAC Advisor (your advisor during the first year)

If you have any general questions about the BMS requirements, you can look up the guidelines here: [http://biomedsci.ucsd.edu/_files/BMS_Guidelines_2016-17.pdf](http://biomedsci.ucsd.edu/_files/BMS_Guidelines_2016-17.pdf)
## Academic Calendar 2017-2018

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<thead>
<tr>
<th>Fall 2017</th>
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<tbody>
<tr>
<td>Fall Quarter begins</td>
<td>Monday, September 25</td>
</tr>
<tr>
<td>Instruction begins</td>
<td>Thursday, September 28</td>
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<tr>
<td>Veterans Day Holiday</td>
<td>Friday, November 10</td>
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<tr>
<td>Thanksgiving Holiday</td>
<td>Thursday – Friday, November 23–24</td>
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<tr>
<td>Instruction ends</td>
<td>Friday, December 8</td>
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<tr>
<td>Final Exams</td>
<td>Saturday – Saturday, December 9–16</td>
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<tr>
<td>Fall Quarter ends</td>
<td>Saturday, December 16</td>
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<tr>
<td>Winter Break</td>
<td>Monday – Tuesday, December 25–26</td>
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<tr>
<td>New Year Holiday</td>
<td>Monday – Tuesday, January 1–2</td>
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<tr>
<td>- 49 Days of Instruction -</td>
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<tr>
<td>- 60 Days in Quarter -</td>
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<tr>
<th>Winter 2018</th>
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<tbody>
<tr>
<td>Winter Quarter begins</td>
<td>Wednesday, January 3</td>
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<tr>
<td>Instruction begins</td>
<td>Monday, January 8</td>
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<tr>
<td>Martin Luther King, Jr. Holiday</td>
<td>Monday, January 15</td>
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<tr>
<td>Presidents’ Day Holiday</td>
<td>Monday, February 19</td>
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<tr>
<td>Instruction ends</td>
<td>Friday, March 16</td>
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<tr>
<td>Final Exams</td>
<td>Saturday – Saturday, March 17–24</td>
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<tr>
<td>Winter Quarter ends</td>
<td>Saturday, March 24</td>
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<tr>
<td>- 48 Days of Instruction -</td>
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<tr>
<td>- 58 Days in Quarter -</td>
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<tr>
<th>Spring 2018</th>
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<tbody>
<tr>
<td>Spring Quarter begins</td>
<td>Wednesday, March 28</td>
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<tr>
<td>César Chavez Holiday</td>
<td>Friday, March 30</td>
</tr>
<tr>
<td>Instruction begins</td>
<td>Monday, April 2</td>
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<tr>
<td>Memorial Day observance</td>
<td>Monday, May 28</td>
</tr>
<tr>
<td>Instruction ends</td>
<td>Friday, June 8</td>
</tr>
<tr>
<td>Final Exams</td>
<td>Saturday – Friday, June 9–15</td>
</tr>
<tr>
<td>Spring Quarter ends</td>
<td>Friday, June 15</td>
</tr>
<tr>
<td>Commencement programs</td>
<td>Saturday – Sunday, June 16–17</td>
</tr>
<tr>
<td>- 49 Days of Instruction -</td>
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<tr>
<td>- 58 Days in Quarter -</td>
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Car Issues

Driver’s License
You are required to get a driver’s license within 10 days of moving to California. Do it, and don’t wait until the last minute. Schedule a DMV appointment online to cut down on wait time. If you have a license from another state you will need to take a written test but not a driving test to receive your California license.

California Registration
You are required to register your car within 20 days of moving to California. You might as well do it at the same appointment to get your driver’s license. It is a California state requirement to have a new Smog Certificate upon initial registration, so make sure you do it before you go to the DMV. It is easiest to make a smog check appointment a few days before your DMV appointment. If you live near campus, I recommend the Shell station/service center on the corner of Genesee and Governor (University City Service Center). The DMV website has more details: (http://www.dmv.ca.gov/vr/smogfaq.htm#BM2535)

Tips and Tricks
• If you don’t have a car you will probably want one. Many people attempt to live here without a car, and while it is possible, it makes life pretty difficult. If you are thinking of buying a car, the best option would be to buy it once you arrive in San Diego (easier registration, taxes, etc).

• It is expensive to register a car in California. If you have NOT had your car (in your name) for a full year, you will be forced to pay taxes on the worth of the car. This is to try to keep people from buying cars out of state and driving them over the border to avoid California taxes. If you paid taxes on the car in another state, you will pay the difference between the CA sales tax, and the cost of sales tax where you bought the car (since California will most likely be higher!). You are not exempt if you get the car for “free” or if it is a “gift” from parents, etc. You still have to pay sales tax!

• If you want to figure out what your registration will cost, you can use the DMV’s handy calculator: https://mv.dmv.ca.gov/FeeCalculatorWeb/index.jsp

• Find the DMV’s around San Diego and look up all the official rules here: https://www.dmv.ca.gov/portal/dmv/dmv/offices

• Make an appointment at the DMV! It will vastly decrease the time you have to be there.
Parking on campus
Info on buying and using parking permits here: 
https://transportation.ucsd.edu/parking/permits/ but be aware that spots fill up early in the morning. Convenient parking lots close to the School of Medicine are:

- **Gilman Parking Structure** at Villa La Jolla and Gilman Drive, B spots fill up by ~7:45am,
- **P207 & P208** at Muir College Drive northwest of the Faculty Club, B spots fill up by ~8:45am and it is about an 8 minute walk to SOM.
- **P102** near Revelle College and Scholar’s Drive South, B spots fill up by ~9:15am and it is about a 10 minute walk to SOM.
- **P406 & P604** will be under construction.
- Contact Christine Liu (csl022@ad.ucsd.edu) or Hank Bradford (w1bradfo@ucsd.edu) if you have any questions. Be advised that due to ongoing construction, parking is constantly in flux and may be different in Fall 2017.
**Student ID Card**

All students enrolled for the Fall quarter are entitled to a Triton ID Card. This is your official university ID card, and you are issued just one active card.

Graduate students should have received instructions to submit their photo electronically through the Photo Tool at [https://students.ucsd.edu/finances/campus-cards/photo-tool.html](https://students.ucsd.edu/finances/campus-cards/photo-tool.html) between May 1st and August 1st*.

If you make this deadline, the Biomedical Sciences office will be able to provide you with your ID card on Monday, September 18th. If you need it earlier please contact Leanne Nordeman ([lnordeman@ucsd.edu](mailto:lnordeman@ucsd.edu)). You can also pick up your ID card from the Student Business Services Office on campus (see map).

If you missed the August 1st deadline for electronic photo submission, don’t worry! You can get your photo taken and your Triton ID card at the Student Business Services Office. More information about this can be found at [https://students.ucsd.edu/finances/campus-cards/index.html](https://students.ucsd.edu/finances/campus-cards/index.html). *This year, the Campus Card office is having a Photo Tool Giveaway Contest, where you can potentially win a Series 2 Apple Watch or a Polaroid Instant Camera. Please check [https://students.ucsd.edu/finances/campus-cards/photo-tool.html](https://students.ucsd.edu/finances/campus-cards/photo-tool.html) for details.

**The campus ID card has many perks and uses:**

- Check out books and materials through UCSD libraries
- Use it as a debit card at various campus dining facilities
- Use your ID to purchase a rec card or gain access to recreation classes and facilities
- Get discounts or free admission to sporting events through the UCSD Box Office
- Get free rides on public transportation
- Show your affiliation, if needed, on UCSD shuttles
- Get employee discounts on attractions, electronics, education, movies, and more

Questions? Contact Campus Cards (858) 534-6606 [campuscards@ucsd.edu](mailto:campuscards@ucsd.edu)
Alternative Transportation

There are many free shuttles and bus lines provided by UCSD. In order to use these services you must get your campus ID card stickered.

Public buses:
- After you get your campus ID, go to the Parking Services Office in second floor of the Gilman parking structure (or the Hillcrest parking office) to get your sticker that allows you free access to several public bus lines in San Diego. You can also pick up this sticker at UCSD’s general graduate student orientation.
- Details can be found here: [http://u-pass.ucsd.edu](http://u-pass.ucsd.edu)

Free UCSD Shuttles:
- In addition to the free public buses, UCSD has a network of shuttles. These run from various housing complexes to campus, and also include several routes around the campus itself.
- Shuttle map is included at the end of this packet!
- More information and live shuttle tracking can be found on the UCSD Transportation Services website: [http://blink.ucsd.edu/facilities/transportation/shuttles/index.html](http://blink.ucsd.edu/facilities/transportation/shuttles/index.html)

Biking:
- Many people bike to campus. To follow regulations at UCSD, you need a bike registration sticker on your bicycle. You can get this from the UCSD Bike Shop located in Student Center A, weekdays from 9 a.m. to 5 p.m. Registration fee is $6.
- [http://blink.ucsd.edu/safety/emergencies/security/bike.html](http://blink.ucsd.edu/safety/emergencies/security/bike.html)
- If you bike for most of your commute to UCSD and are registered with the state of California, then you can join the Pedal Club. The Pedal Club allows you 10 complimentary days for parking your car per quarter with an Occasional Use permit. You also can get maintenance discounts at the UCSD Bike Shop among other benefits.
- See website for details: [http://transportation.ucsd.edu/alternatives/cycling/pedal.html](http://transportation.ucsd.edu/alternatives/cycling/pedal.html)

*You can also ask Chris Park if you have any questions regarding bus routes, or Jack Houston if you have any questions regarding bicycling around campus.

Proposals are being developed for changes to the transit subsidy and other alternative transportation and incentive programs.
Setting Up Utilities

If you are living in UCSD On-campus Grad Housing, some utilities will be set up for you while others you will be expected to handle. Check out your Residential Services Office for any discounts or deals.

**Electricity**
- San Diego Gas and Electric
  - (800) 411-7343

**Water**
- San Diego Public Utilities - Water
  - (619) 515-3500

**Cable/Internet** (There are a couple others but these are the main ones)
- Spectrum/Time Warner Cable
  - [https://www.spectrum.com/](https://www.spectrum.com/)
  - 1-888-892-2253
- AT&T UVerse/Internet
  - Note: Some locations will only let you install direct TV with ATT Internet. If you are in grad housing and have only this option, there is a good chance that you won’t be able to get a signal due to the trees around the neighborhood. However, all locations have access to Time Warner.
- DirecTV
  - [http://www.directv.com/DTVAPP/index.jsp](http://www.directv.com/DTVAPP/index.jsp)
  - (888) 795-9488
  - You can get $100 off if a friend or family member who also has a DirectTV account refers you.
- Cox Communications
  - 866-961-0027
Stipend and Taxes

- Paycheck amount – you are getting paid $33,000 a year beginning September 1st. You must pay taxes on this money!

- UCSD pays you after you work (i.e. “in arrears”). Therefore, you will be officially listed on payroll as of September 1, 2017, but will not receive a paycheck until October 1, 2017. You can pick up your first paycheck from your folder outside of the BMS office.

- If you are getting paid through the BMS program (i.e. you don’t have outside funding), you will be receiving your paycheck from two sources - one is a salary that gets taxes deducted prior to reaching you, and the other is a scholarship that does not get taxes deducted. Because a portion of your pay is not automatically taxed, you will owe money to the IRS. It is important to put away some money every month to cover taxes at the end of the year!

- Instructions for setting up direct deposit for your salary can be found at http://blink.ucsd.edu/finance/payroll/processes/enroll.html, and for your scholarship via Students Direct Deposit, under the Financial Tools tab in TritonLink.

- **YOU MUST FILE YOUR TAX RETURNS AS A RESIDENT OF CALIFORNIA**, not of any other state. If you are filing in multiple states, be sure to indicate California as your primary residence on ALL, or your residence may be challenged. Disclaimer, this is not legal advice, but some people ran into a couple of issues when establishing residency because they made this mistake.
California Residency

If you are a citizen of the USA, you **MUST** become a California resident before the start of your second year. To do this, you need the following 12 things. Start collecting these in a folder ASAP!!! It’s **MUCH** easier if you start as early as possible. **YOU HAVE TO DO THIS!!!**

You will need (copied from online):

1. California driver's license or a California ID card as soon as possible but within a few months of arriving in the state. The DMV has very specific rules; see their [Information for persons new to California](https://www.dmv.ca.gov/). Operating a vehicle in California that is not owned by you still requires you to obtain a California driver's license and proof of California car insurance.

2. Voter registration card or affidavit from Registrar of Voters. Contact Registrar of Voters at (800) 696-0136, or check status and apply online at the [County of San Diego Voter Registration website](https://www.sandiego.gov/voters/register).

3. A copy of the first month's bank account statement with a California bank, or a bank statement showing when address was changed to California.

4. California car registration and car insurance card as soon as possible, but within a few months of arriving in the state. The DMV has very specific rules; see their [Information for persons new to California](https://www.dmv.ca.gov/). Operating a vehicle in California that is not owned by you still requires you to obtain a California driver's license and proof of California car insurance.

5. Federal and all state tax returns for the past year, or W2s only if you did not file in any state. Your residency will be questioned if, during the period you are claiming to be a California resident, you file a full-year resident tax return in another state or file a full-year nonresident California state tax return. If you filed a California Part-Year Resident return (Form 540NR), be sure to include your [Schedule CA 540NR](https://www.ftb.ca.gov/). Black out all social security numbers on all tax documents. If you did not keep copies, call Franchise Tax Board for copies of state tax return and the IRS for your federal tax return at least 90 days before you submit your packet.

6. Evidence of financial independence (you must meet ONE requirement). You:
   - Are a single undergraduate under age 24 and were not claimed as a dependent for tax purposes by either nonresident parent or any other individual for the current and 2 tax years immediately preceding the quarter for which you request classification as a resident, and you can demonstrate self-sufficiency for the current and 2 preceding years. Single undergraduates under 24 must submit, for the applicable quarter a petition is being filed, a budget worksheet form. Use this sample as a guide to what you will provide with your own worksheet, and you must label each income document. [Sample Budget Worksheet](#)
Document all sources of income listed on the worksheet, and include your own and your parents’ prior 2 tax years of state and federal tax returns, or

Are financially dependent on a California resident parent who meets the University’s requirements for residence for tuition purposes (eligible to establish residence, one year physical presence showing intent to remain in the state); student would submit the 12 items for the parent(s) claiming to be a resident(s) and for the student his/herself, or

Will be at least 24 years old by Dec. 31 of the calendar year for which classification as a resident is requested (student would submit copy of driver’s license), or

Are a veteran of the U.S. Armed Forces, or

Are a ward of the court or both parents are deceased, or

Have a legal dependent(s), or

Are a married student who was not claimed as an income tax deduction by either parent or any other individual for the tax year immediately preceding the term for which classification as a resident is requested, or

Are a graduate or professional school student who was not claimed as an income tax deduction by either parent or any other individual for the tax year immediately preceding the term for which classification as a resident is requested (submit copies of parents’ federal and state tax returns for the prior tax year), or

Are a graduate or professional school student who is employed at the University of California 49 percent or more time (or awarded the equivalent in University-administered funds) during the quarter for which classification as a resident is requested (submit letter from graduate department stating as such), or

Reached the age of majority (18) in California while your parents were residents of California, and they left the state to establish a residence elsewhere, and you continue to live in California after their departure.

7. Proof of physical presence in California for the summer immediately prior to the change of classification request:

Employment verification from California employer, or from your major department attesting to physical presence in the state, and

Either bank or credit card statements, whichever one indicates dates/location activity on them for June, July, and August. If there are other names on the account in addition to the student’s, the only statements that can be provided must be in the student’s name only.

If absent from the state, provide airline tickets.
If on an out-of-state research appointment, provide a letter from your department endorsing your absence.

Do not submit store receipts as proof of your physical presence.

Summer actions count! A student's actions during the entire year, including the summer, affect the determination made regarding residence status for tuition purposes. A student who is in California solely for educational purposes is not eligible for California residence for tuition purposes regardless of the length of his or her stay.

If a student returns to his or her former place of residence (outside California), he or she will be presumed to be in California solely for educational purposes and only strong evidence to the contrary will rebut this presumption.

A student seeking to establish California residence who accepts employment or conducts research outside of California will be questioned regarding his or her attempts to find employment and/or conduct research within California. Leaving the state for a unique research opportunity or for special circumstances (such as a medical emergency) may not preclude the student from being classified as a resident, but the burden will be on the student to provide convincing evidence that leaving the state was not inconsistent with his or her claim of permanent residence. See Residence for Tuition Purposes: Temporary Absences.

8. Copies of all your housing contracts, monthly rental agreements, lease or proof of property ownership for the past year, or verification in writing from property owner of housing agreement.

9. Proof of credit and memberships with CA merchants, e.g. stores, supermarkets, video clubs, fitness clubs, public library, magazine subscriptions, and religious affiliations.

10. Proof of your belongings moved into California such as a moving van bill of lading, U-Haul moving van receipts, etc.

11. Proof of utilities in your name, e.g. phone, gas, electric, TV, cable, Internet, water, etc. Submit the first and the latest statements only.

12. If you are a permanent resident through the INS, copy of your alien registration card.

Note: Attach a written statement as to the circumstances of any missing or late-dated documents. Make copies of all documentation to keep for your records.
International Students

Over the summer of 2016, the units housed within the International Center and the adjacent annex building, Student Center B (International Center West) were relocated to transitional locations on campus. Please check the following pdf file for more detail on the relocation: 

International Center Document Check
All new international students must report to the International Center within 15 days of your program start at UC San Diego. Failure to complete the document check may result in the termination of your SEVIS record and loss of your F-1/J-1 status.

To fulfill the document check requirement, complete the three steps below.

Step 1
After arrival in the U.S, make copies of the following documents for your own personal records.

• Copy of your current I-20 (F-1 Students) or DS-2019 (J-1 Exchange Visitors)
• Print your electronic I-94 record accessible at http://www.cbp.gov/i94 only after arrival to the U.S.)
• Copy of your F-1 or J-1 Visa (Canadian citizens exempt)
• Copy of your Passport Photo Page

International students sponsored by a third party (Fulbright - IIE, Vietnamese Education Fund, etc) should come in person to the International Center and provide copies of the above to ISPO. Third party sponsored students will have I-20 / DS-2019 issued by their sponsor.

Step 2
Update your local and permanent address in Triton Link.

Step 3
Attend an International Student Orientation on in September (Exact time and date is TBD) and bring the following:

• Original Form I-20 (F-1 Students) or DS-2019 (J-1 Exchange Visitors)
• Copy of electronic I-94 arrival / departure card (accessible at http://www.cbp.gov/i94 only after arrival to the U.S.)
• Original passport

Your documents will be reviewed at orientation.
Health Insurance

• Please note, you will NOT be covered by the UC Student Health Insurance Plan (UC SHIP) until orientation begins on September 18, 2017 so you will want to be certain that you are covered by your own health insurance if you choose to move in during the summer.

• If you let your health insurance coverage lapse you may not be covered later for any conditions deemed “pre-existing” and might end up paying a lot of money to get treated for something simple. Again, MAKE SURE you are covered by your own health insurance over the summer!

• Details on the UCSD Student Health Insurance Plan:
  - [https://wellness.ucsd.edu/studenthealth/Pages/default.aspx](https://wellness.ucsd.edu/studenthealth/Pages/default.aspx)
  - [http://grad.ucsd.edu/degrees/student-health-services-and-insurance-plan.html](http://grad.ucsd.edu/degrees/student-health-services-and-insurance-plan.html)
  - Download the mobile app for UC SHIP once your coverage starts: [https://wellness.ucsd.edu/studenthealth/insurance/Pages/UC-SHIP-Mobile-App.aspx](https://wellness.ucsd.edu/studenthealth/insurance/Pages/UC-SHIP-Mobile-App.aspx)
  - UC SHIP coverage is provided by Anthem BlueCross/BlueShield. If you receive care at a location other than Student Health Services (on campus), you can view your claims here: [https://www.anthem.com/health-insurance/home/overview](https://www.anthem.com/health-insurance/home/overview)
When and how to start looking for a rotation

- Don’t freak out! You don’t need to arrange any of your rotations before you get here!

  You will have plenty of opportunities to hear about the research going on at UCSD once you get here. **If** you already know what you want to work on, it is to your benefit to e-mail a few professors during the summer and set up meetings for once you get to San Diego. Try to meet with professors before you agree to a rotation. Meet with as many professors as you can and pick the rotation that is the best fit for you - this could especially benefit you if not all labs you are interested in can take rotation students in the fall. The personal interaction you will have by sitting through a face-to-face meeting with your prospective PI is really important!

- **Visit the BMS Laboratory Rotation Projects Page** (Password: Rocknroton) [http://biomedsci-db.ucsd.edu/lab_rotation](http://biomedsci-db.ucsd.edu/lab_rotation) to get an idea of which professors have indicated that they were taking rotation students last year. The list will be updated later this summer and you can get more details on the rotation projects by logging in with the password above. Please note that this is not a comprehensive list. Not all faculty accepting students are listed here.

- **Talk to current students.** Talk to people who have rotated in the lab, talk to students who are in the lab, and get as many opinions as you can. The more opinions, the better informed you are when it comes to making a choice. Ask us if you need the name of students who know more about the lab you are interested in. Additionally, on the BMS website you can search for a current student and see a list of their rotations and thesis lab: [http://biomedsci.ucsd.edu/students/](http://biomedsci.ucsd.edu/students/)

- **Email the PI you would like to work with** – set up an in-person meeting. Make sure to mention “BMS rotation” somewhere in the subject heading (or it may fall through the cracks) – they get tons of emails a day.

- **Be persistent!** Sometimes they don’t answer e-mail, they say they don’t have space or funding... but if you follow-up and are persistent, you can find out more!

- **Meet with the post-doc/grad student** you would be working with on a day-to-day basis.

- **Ask the PI important questions:**
  - Do you have funding? This may feel awkward but it is perhaps the most important initial question. This will not offend him or her.
  - Do you have space and time for another graduate student?
  - What sort of projects would I work on for my thesis?
There is no perfect lab! You will never find a perfect lab... but there are many amazing labs at UCSD that have great people, are doing top-notch science, and would be fun to work in.

But none are perfect!

Don’t get caught up trying to find the “perfect” lab and miss out on some of the great ones that are here. Be open to labs doing work that you know nothing about, or labs doing techniques that you’ve never heard of, or labs that do more computational modeling even though you can barely turn on your PC. Be adventurous and learn something!
Important Locations for when you move (closest to UCSD)

Ikea
2149 Fenton Parkway
San Diego, CA 92108-4739

Target
5680 Balboa Avenue
San Diego, CA 92111-2706

Wal-Mart
4840 Shawline Street
San Diego, CA 92111

Home Depot
4255 Genessee Avenue
San Diego, CA 92117

Costco
4605 Morena Boulevard
San Diego, CA 92117

Ralphs
8677 Villa La Jolla Dr
La Jolla, CA 92037-2354

Vons
7788 Regents Road
San Diego, CA 92122

Trader Joe’s
8657 Villa La Jolla Dr
La Jolla, CA 92037-8309

Sprouts
3358 Governor Dr
San Diego, CA 92122

Zion Market
7655 Clairemont Mesa Blvd
San Diego, CA 92111
If you need any other locations or ideas of where to get certain things – don’t hesitate to get in contact with one of us.
List of Important Websites

Department/School sites
- http://biomedsci.ucsd.edu
- https://students.ucsd.edu

Housing
- http://hdh.ucsd.edu/arch/gradhousing.html
- https://hdh.ucsd.edu/ARCHWaitlist/

Transportation and Maps
- http://www.ucsdbus.com
- http://transportation.ucsd.edu/
- http://www-act.ucsd.edu/maps/

Car
- https://mv.dmv.ca.gov/FeeCalculatorWeb/index.jsp
- https://www.dmv.ca.gov/portal/dmv/dmv/offices

Health Insurance
- http://studenthealth.ucsd.edu

Utilities
- http://www.sdge.com/index/
- https://www.spectrum.com/
- http://www.att.com/
- http://www.directv.com/DTVAPP/index.jsp
- http://ww2.cox.com/

Establishing California Residency
- http://www.ucsd.edu/current-students/finances/fees/residence/status-change.html
- http://www.ucsd.edu/current-students/finances/fees/residence/criteria.html

What to do in your free time
- http://recreation.ucsd.edu/
- http://www.sandiegohikers.com/
- https://www.sandiegobrewersguild.org/
- http://www.westcoastersd.com/
- http://www.balboapark.org/
- http://www.discoversd.com/
- http://sandiego.eater.com/
Neighborhood Map (from UCSD)

Living within 3 miles of campus allows students to be actively engaged in both academic and social life at UCSD!

UCSD COMMUTER STUDENT SERVICES
commuter.ucsd.edu • 858 534-8673 • offcampushousing@ucsd.edu
Price Center East, Level 1 (South of ATMS)
* MAP NOT TO SCALE
* UCSD and Commuter Student Services are not listed and do not include the above apartment and condominium listings.
UC San Diego
Shuttle Routes

L  Campus Loop shuttles run:
   • Clockwise and counterclockwise weekdays during academic quarters, every 15 minutes from 7 a.m. to 6:30 p.m., every 12 minutes from 6:30-8 p.m., every 10 minutes from 8-11 p.m. and every 20 minutes from 11 p.m. to midnight.
   • Counterclockwise only weekends during academic quarters, beginning at Warren Apartments, every 20 minutes from 8 a.m. to 8 p.m.
   • During academic breaks, shuttles run in both directions weekdays every 15 minutes between 7 a.m. and 6 p.m.

A  Cityshuttles run between campus and the Regents and Nobel areas from 7 a.m. to midnight weekdays during academic quarters.
   • Shuttles run every 5-10 minutes between Mandeville Auditorium and the Regents Road/Nobel Drive area; first pickup from Mandeville at 7:10 a.m.
   • Between 9 p.m. and midnight, shuttles run every 10-15 minutes, with the last departure from Mandeville at 11:55 p.m.
   • During academic breaks, shuttles run every 15 minutes from 7 a.m. to 7 p.m.

W  Coaster shuttles run weekdays between the Sorrento Valley Coaster Station and campus every 25-50 minutes between 5:45 a.m. and 7 p.m. An east and a west route serve campus during peak hours, and one combined route runs during off-peak midday hours.

R  East/Regents shuttles run continually between Lot P704 and Price Center from 6:30 a.m. to midnight weekdays during academic quarters. Departure intervals range from 5-15 minutes, with more frequent service during peak hours. No service during academic breaks.

H  Hillcrest/Campus shuttles run weekdays year-round between UC San Diego Medical Center in Hillcrest, Old Town Transit Center, and Thornton Hospital in La Jolla from 5:50 a.m. to 9:45 p.m.
   • Thornton Hospital departs every 30 minutes 5:50 a.m. to 7:45 p.m.; every hour 7:45-8:45 p.m. (last departure).
   • Service from campus to Hillcrest includes a short stop in Old Town from 6:15-11:45 a.m. (last Old Town pickup before Hillcrest).
   • Service from Hillcrest to campus includes a short stop in Old Town from 12:15-8:15 p.m.; last Old Town drop off leaves Hillcrest at 8 p.m.

M  Mesa Housing shuttles run weekdays in a continuous, clockwise loop between points on campus and points in the Mesa Housing complex off Regents Road, every 15 minutes from 7 a.m. to 6:30 p.m. and every 30 minutes from 6:30 p.m. to midnight.
   • First Gilman/Myers departure at 7:10 a.m.
   • Last South Mesa Housing departure at 11:30 p.m.
   • Last Gilman/Myers departure at 11:35 p.m.
   • During academic breaks, shuttles run every 30 minutes from 7 a.m. to 9 p.m.

S  Sanford Consortium shuttles run every 45 minutes between Torrey Pines Center South and UCSD La Jolla Medical Center from 7 a.m. to 7 p.m. weekdays.
   • Torrey Pines Center departures begin at 7 a.m. with last departure at 7 p.m.
   • La Jolla Medical Center departures begin at 7:20 a.m. with last departure at 6:40 p.m.

C  Scripps Institution of Oceanography shuttles run in a continuous, counterclockwise loop between Peterson Hall and SIO from 8 a.m. to 9 p.m. weekdays during academic quarters.
   • Peterson Hall departures begin at 6 a.m. with service every 15 minutes until 6:15 p.m. and every 30 minutes from 6:30-6:15 p.m.
   • During academic breaks, shuttles run every 15 minutes from 7:15 a.m. to 7 p.m. with last Peterson Hall departure at 6:30 p.m.

Questions? Call (858) 534-7422. Track shuttles live and get text message alerts at www.ucsdbus.com. (Normal messaging and carrier fees apply.)
San Diego Regional Transit:
UCSD Parking Lot location Map